

## Dr Ranjan Kumar

### Head & Assistant Professor of Psychology

Ph. D in Clinical Psychology (RINPAS, Ranchi)  
M. Phil. in Medical & Social Psychology (RINPAS, Ranchi)  
PG Diploma in Guidance and Counselling (NCERT, RIE, BBSR)  
Rehabilitation Council of India Registration No: RCI CRR No-A18966

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### PRESENT POSITION

- HOD & Assistant Professor of Psychology, R K D College, Patliputra University, Patna since 1<sup>st</sup> July, 2017. Currently on deputation at PG Department of Psychology, PPU, Patna since 02-05- 2023.
- In-Charge, Central Library, Patliputra University, Patna since 18<sup>th</sup> February, 2022.
- Public Information Officer, Patliputra University, Patna since 4<sup>th</sup> December, 2024,
- University Nodal Officer, Weekly Monitoring Meeting for Education Department, Bihar Government since 4<sup>th</sup> September, 2024.
- Nodal Officer, INFLIBNET, Patliputra University, Patna since October 2022.
- Member Ph. D Admission Test- 2025, Patliputra University, Patna
- Member, VMC, (Vidyalaya Management Committee) KV-1, Kankarbagh, Patna
- Academic Counsellor, IGNOU, Patna Center 2023 onwards
- Member, Guest Faculty Recruitment Committee, Patliputra University, Patna since 5<sup>th</sup> March 2022.
- Member of Student Grievance and Redressal Cell, Patliputra University, Patna since 18<sup>th</sup> January 2022.
- Member, Three Man Committee, Student Grievance related to Result, Patliputra University, Patna since 17<sup>th</sup> June 2023.
- Member, Pension Cell, Patliputra University, Patna from March 2023.
- Member, Departmental Research Committee, PG Department of Psychology, PPU, Patna 2024, 2025.
- Member in Six Members research group for Promotion of Research Activity in Department of Psychology of the University and colleges, PPU, Patna Since 06-08-2022
- Member, Editorial Board, Journal of Applied Psychology
- Assistant Editor, Indian Social & Psychological Studies ISSN- 0974-634X.

### PAST POSITION

- **Clinical Psychologist** at Lokopriya Gopinath Bordoloi Regional Institute of Mental Health, LGBRIMH an autonomous body under the Ministry of Health & Family Welfare, Govt. of India, Tezpur, Assam 8<sup>th</sup> Jun 2010 to 26<sup>th</sup> June, 2017.

### EDUCATIONAL/ PROFESSIONAL QUALIFICATION

- National Eligibility Test (2009 & 2012) Subject: Psychology
- Ph.D. in Clinical Psychology, Ranchi Institute of Neuro-Psychiatry & Allied Science (RINPAS), Ranchi University Ranchi, March 2017.
- M. Phil. in Medical and Social Psychology (M. Phil. in M. & S.P.), Ranchi Institute of Neuro-Psychiatry & Allied Science (RINPAS), Govt. of Jharkhand, Ranchi, Jharkhand Session: 2007-2009.
- P. G. Diploma in Guidance and Counseling (PGDGC), RIE, NCERT, Bhubaneswar, Orissa, Specialization in counseling, RIE, NCERT, Bhubaneswar, Orissa Session: 2005-2006.
- Master of Arts (Psychology), Vinoba Bhave University, Hazaribag, Session: 1998-2000.

- Graduation (Psychology), Vinoba Bhawe University, Hazaribag, Session: 1995-1998.
- Intermediate (Arts), St. Columba's Collage, H. Bag, BIEC, Patna, 1995.
- Matriculation, H.H. School, H. Bag, BSEB, Patna, 1993.

#### **Thesis/Dissertation/ Research Project / Survey:**

- Ph. D Thesis title **THE ROLE OF MULTIMODAL PSYCHOTHERAPY IN THE MANAGEMENT OF SOMATIZATION DISORDER** under the guidance of Dr. Masroor Jahan, Additional Professor, RINPAS, Ranchi.
- M Phil in Medical and Social Psychology dissertation title **A STUDY OF LEVEL OF DEPRESSION, ANXIETY AND LIFE SATISFACTION IN ACUTE AND CHRONIC SCHIZOPHRENICS**, RINPAS, Ranchi University, Ranchi, Jharkhand.
- Prepared a Project on **NATIONAL CLASSIFICATION OF OCCUPATION** during PGDGC, RIE, BBSR, Orissa
- Conducted Survey on **ENTREPRENEURSHIP IN COLLEGE STUDENTS** during Post Graduation V.B.U., Hazaribag, Jharkhand.

#### **Guide for Ongoing Ph. D Research**

- Psychological Correlates of Diabetic and Hypertension Patients. Scholar: Manish Kumar
- Care Burden, Quality of Life, Perceived Stress, Depression and Anxiety in Mothers with Intellectual Disabled Children. Scholar: Jagannath Kumar

#### **Guide/Co-guide for M Phil dissertation**

- Anxiety, Depression, and Quality of Life in Mothers of Children with Intellectual Disability. M Phil in Clinical Psychology, LGBRIMH, Guwahati University, Guwahati, Session: 2012-2014.
- Cognitive and psychological functioning of patients with mental and behavioral disorders due to Alcohol. M Phil in Clinical Psychology, LGBRIMH, Guwahati University, Guwahati, Session: 2013-2015.
- A study on work stress, perceived organizational climate, coping, and quality of life of the subordinate police personnel in Tezpur, Assam. M Phil in Clinical Psychology, LGBRIMH, Guwahati University, Guwahati, Session: 2014-2016.
- Executive function in patients suffering from schizophrenia with and without a history of violence. M Phil in Clinical Psychology, LGBRIMH, Guwahati University, Guwahati, Session: 2014-2016.

#### **Orientation and Refresher Course**

- Orientation Programme: 81<sup>st</sup> Orientation Programme conducted by Patna University UGC, HRDC center, Patna in 2018. From 24/11/2018 to 21/12/2018. Registration No: 81<sup>st</sup> OP/2018-19/06.
- Refresher Course: Online Refresher Course in the subject Women Studies and Women Empowerment Scheduled from 11/01/2021 to 25/01/2021. From Dr. Babasaheb Ambedkar Marathwada University, Aurangabad-431004, Maharashtra.
- Refresher Course: Online Refresher Course in the subject "Recent Trend in Psychology in India: Theory, Research and Practice" Scheduled from 10/10/2023 to 23/10/2023. From Doctor Harisingh Gour Vishwavidyalaya, Sagar-470003, MP.

#### **Paper Publication:**

1. Kumar, R., & Kenswar, D. K. (2010). A Study of level of Depression, Anxiety and Life satisfaction in Acute and Chronic Schizophrenia. *Eastern Journal of Psychiatry*, Vol. 13, 43-48.  
ISSN-0974-1313 Volume 13 Number 1 &2, February- August 2010, ISSN (Online) 0976-0334  
Place of publication: Guwahati
2. Dutta, M., Jahan, M., & Kumar, R. (2014). Prevalence of Behavioural Problems in school going Children of Tezpur City. *Indian Journal of Clinical Psychology*. Vol. 41, 2014, 20-24.

ISSN 0303-2582, Volume 41, Number 1, March, 2014

Place of publication: Pune

3. Kumar, R., Jahan, M., & Dutta, M. (2015). The Role of Multimodal Psychotherapy in the Management of Somatization Disorder: A Case Study, *Indian Journal of Clinical Psychology*, Vol.42, 63-67.  
ISSN 0303-2582, Volume 42, Number 1, March, 2015  
Place of publication: Pune
4. Kumar, R., Jahan, M., Dutta, M. & Deuri, S. K. (2016). SIS-II Profile of Non-chronic and Chronic Schizophrenia Patients, *SIS J. Proj. Psy. & Ment. Health*. Vol. 23: 102-105.  
ISSN 0971-6610, Volume 23, Number 02, July 2016, Page no 102-105.  
Place of publication: Mathura
5. Barua, P., Dutta, M., & Kumar, R. (2016). Defense mechanism and coping styles in individuals with psychoactive substance use disorders and controls: A comparative study. *Indian Journal of Health and Wellbeing*. Vol. 7(5), 505-509.  
ISSN-p-2229-5356, e 2321-3698, Volume 7, Issue 5, May 2016. Page No 505-509.  
Place of publication: Hisar, Haryana
6. Kumar, R., Pathak, K., Jahan, M. (2016) Management of Somatization Disorder: A Multimodal Psychotherapy Approach. *Journal of Rural and Community Psychiatry*. Vol. 3 No. 5, 114-127.  
ISSN 2348-3474(print) 2348-3482 (online), Volume 3, No. 5, Jan- Jun 2016.  
Place of publication: Rohtak, Haryana
7. Gogoi, R. R., Kumar R., Deuri, S. P. (2016) Anxiety, depression, and quality of life in mothers of children with intellectual disability. *Open Journal of Psychiatry & Allied Sciences*. Vol. 8 Issue 1, 71-75.  
ISSN 2394-2053, Nov. 2016  
Place of publication: Guwahati
8. Kumar, R., & Jahan, M. (2018) Depression and Anxiety in Somatization Patients. *International Journal of Research in Social Sciences*. Vol. 8, Issue-12(1). 166-171.  
ISSN 2249-2496  
Vol. 8 Issue 12(1), December 2018,  
Place of publication: United States
9. Kumar, R., Jahan, M. & Pathak., K. (2019). Treating Somatization: A Multimodal Approach. *IAHRW International Journal of Social Sciences Review*, 7(2), 175.  
ISSN 2347-3797
10. Kumar, R., Barua, P., Kangkana, B., Jahan, M. & Gupta., P. & Jahan, M. (2020). Quality of Life and Significant Life Conflict in Somatization Disorder. *Our Heritage*, 68(1), 10409.  
ISSN 0474-9030
11. Kumar, R., & Jahan, M. (2020). Multimodal psychotherapy in the management of somatization disorder. *Industrial Psychiatry Journal*, 29(2), 205.  
ISSN 0972-6748.
12. Gupta, P. K., & Kumar, R., (2023). Internet Addiction and its Relationship with Adolescents Emotion and Adjustment. *Humanities and Social Science Studies*, Vol. 12, Issue 1, No. 1, January – June : 2023  
ISSN 2319-829X
13. Kumar, R., & Gupta, P. K., (2023). Alcoholism –An Overview. *Ideal Research Review*. Vol. 73 No.1 March, 2023.  
ISSN: 0973-0583
14. Kumar, R. & Gupta P., K. (2023) . Alcoholism – An Overview, *Ideal Research Review*, Vol. 73, No-1  
ISSN: 0973-0583

15. Kumar, R., & Kumar, M., (2023). The Impact of Anxiety, Depression and Quality of Life in Hypertension Patients, Behavioral Research Review, Vol.-15, March & September, 2023.

ISSN- 0975-7198

#### **Chapter in Book:**

- Artificial Intelligence in Education, Book: Skills and Technology for Teaching and Learning, Educational Development Council, Patna

#### **Award:**

- Educational Excellence Award-2024 in International Conference, by Educational Development Council, India

#### **Workshops conducted as resource person:**

- Workshop (National CRE Program) “Assessment and Intervention of Mental Health Problem in Persons with Multiple Disabilities” C M College, Darbhanga 26-28 November 2019
- Workshop on Projective Test for PG Students, J D Women’s College, Patna. 7<sup>th</sup> & 8<sup>th</sup> September, 2021
- Workshop on Projective Test for PG Students, COCAS, Patna. 7<sup>th</sup> April, 2022
- Expert Lecture in National Seminar on Recent Trends in Research: Challenge & Opportunities by Indian Psychological Association (IPA), Nov., 2024.
- Chaired, a Scientific Session in National Conference on Health and Well Being: Challenge and Solutions in Changing World, Patna University, 2025

#### **Consultative services:**

- External Examiner for the practical exam of B. A. Part I, II, III, Various College Since 1<sup>st</sup> July 2017.
- External Examiner for the practical exam of P G. Psychology for Various College Since 1<sup>st</sup> July 2017.
- Scrutiny Committee Member for Student Election, RRS, College. 2018
- Election Observer for student union election, Magadha University, Bodhgaya at SNS College, Jehanabad. 2018
- Counselor for CET-B Ed Admission, Nalanda Open University, Nalanda, 2019
- Static Observer for B Ed, UG and PG Regular & Vocational examination, Patliputra University in various University Examination since 1<sup>st</sup> July 2017
- Co-examiner for Intermediate (BSEB) Exam. 2019
- Question paper setter of UG/PG Level/ Ph.D. Entrance Examination for various University in Bihar
- Lecture entitled “Counseling Skills and Techniques” for PG Department of Psychology, Banaras Hindu University, Varanasi. 19-10-2021
- Lecture entitled “Research in Counseling” Ph.D. Course Work Classes, PPU, Patna. 2022
- Regular involvement in Evaluation work UG (MJC/ MIC/ MDC/SEC/ AEC) PG/ PG Diploma in Rehabilitation Psychology, PPU, Patna
- Specialist Member for Research Project Selection for Patna University, Patna 07-11-2023.
- Member in Interview Board for Special Educator selection committee for PM Sri KV, Sonpur in 2024.
- Member in Interview Board for JJB/CWC selection committee for Bihar state in 2025

#### **Workshop/ Seminar attended / Chaired**

- CALIBER, BHU, 2022
- Workshop on The use of Statistical Tools in Bio Medical Research organized by DBT Project, LGBRIMH, Tezpur, 21<sup>st</sup> January 2016.
- Participate in a Workshop on Viksit Bharat@ 2047 Youwon Ki Awaj, Rajbhawan, Bihar on 08-12-2023

#### **Administrative work Experience**

- Officer in Charge, Establishment/General Section, RRS Collage, Mokama, Patna

- Bio Metric Officer, RRS Collage, Mokama, Patna
- DCF-II In-charge, RRS Collage, Mokama, Patna
- Nodal officer (Digitization), RRS Collage, Mokama, Patna
- I. T In-charge (Website), RRS Collage, Mokama, Patna
- In-Charge, RRS Collage, Mokama, Patna 29-07-2019
- Assistant IQAC Coordinator, RKD College, Patna
- Assistant Controller of Examination, Patliputra University, Patna 2022
- Member, Food & Refreshment Committee, Stage Committee, Certificate Distribution Committee for Convocation Ceremony, Patliputra University, Patna 2022
- Nodal Officer, B. Ed. CET 2023 for Patliputra University, Patna
- Nodal Officer, Higher Education Monitoring Google Form. 2023
- Member, Discipline Committee, Stage Committee, Certificate Distribution Committee for Convocation Ceremony, Patliputra University, Patna 2023
- Convener, ULPC, Central Library, PPU, Patna 2023.
- Member in 4 Years U G Course, Ordinance & Regulation Meeting by Rajbhawan, Bihar on 10-08-2023.
- Member in NDWBF Book Procurement Committee, New Delhi 2023.
- Member, Procurement Committee, Stage Committee, Certificate Distribution Committee for Convocation Ceremony, Patliputra University, Patna 2024
- Verifier , B Ed Special Centralized Counseling and Admission Round, PPU- 2024
- Member in Document Verification Committee for newly selected Assistant Professors (BSUSC) in various subjects since 25-07-2024.


#### **Computer related skills:**

- Diploma in Computer Application, Astral Foundation, Hazaribag, Jharkhand

#### **Mental Health Awareness Program / Media Advocacy Program**

- Article on psychological issues in Local newspapers (Hindi)
- All India Radio (Mental Health Awareness Program)
- Doordarshan (Mental Health Awareness Program)

#### **PERSONAL INFORMATION**

<b>Date of Birth</b>	: 1 <sup>st</sup> March, 1979	
<b>Sex</b>	: Male	
<b>Marital Status</b>	: Married	
<b>Father's Name</b>	: Sri Ram Pravesh Gupta	
<b>Mother's Name</b>	: Srimati Smriti Devi	
<b>Nationality</b>	: Indian	
<b>Religion</b>	: Hindu	
<b>Language Known</b>	: Hindi, English, Assamese, Bengla	
<b>Permanent Address</b>	: Smriti Pravesh Kunj, New Area, 2 <sup>nd</sup> Lane, Hazaribag, Jharkhand, 825301	
<b>Correspondence Address</b>	: Shyamuntak, Front of Keshav Saraswati Vidya Mandir, Bhagwat Nagar, Naya Tola, Patna-800026	
<b>E-mail Id</b>	: ranjan.counsellor@gmail.com	
<b>Mobile</b>	: 9085270214, 9123203684	

Full Name: Dr. Ranjan Kumar