

RAM KRISHNA DWARIKA COLLEGE

Lohia Nagar, Patna -20

(A Constituent Unit Of Patliputra University, Patna)

COUNSELLING CELL ACTIVITIES

1.Role of cleanliness in student life was emphasized through administering an oath to the students by the Principal and the Coordinator on Wednesday,1st March,2023.

Place: College Lawn

No. of participants-35



2. YOGA DAY EVENTS-The importance of Yoga in student life was taught to students by the Yog Guru on the occasion of Yoga Diwas on

21st June,2023.



3.Anti- drug abuse among students was emphasized by giving them a lecture on the menace of drug abuse. The ill effects on physical and mental health was emphasized. All senior faculty members were present.

Date:27th July,2023

Venue: Room No 12



4.INVESTOR AWARENESS PROGRAMME: Dept of Commerce in collaboration with Skill Development and Entrepreneurship Cell under the aegis of IQAC is organising one day seminar on "Investor Awareness Programme" by SEBI trainer Sweta Sinha. Investor awareness programme by SEBI organized by the Dept .of Commerce and Skill Development and Entrepreneuship Cell. The active students of various streams were instructed to attend the session as part of ethical and educated investment counselling on financial matters.

Convenor- Smita Vaidehi

DATE: 22 ND JULY,2023

TIME: 11.30 A.M.

VENUE: SEMINAR HALL







5. One day seminar was held on 1st Oct,2023 by NSS where the CPR life skills were taught to the students and they were counselled by the trainer Dr. Sarwan Singh

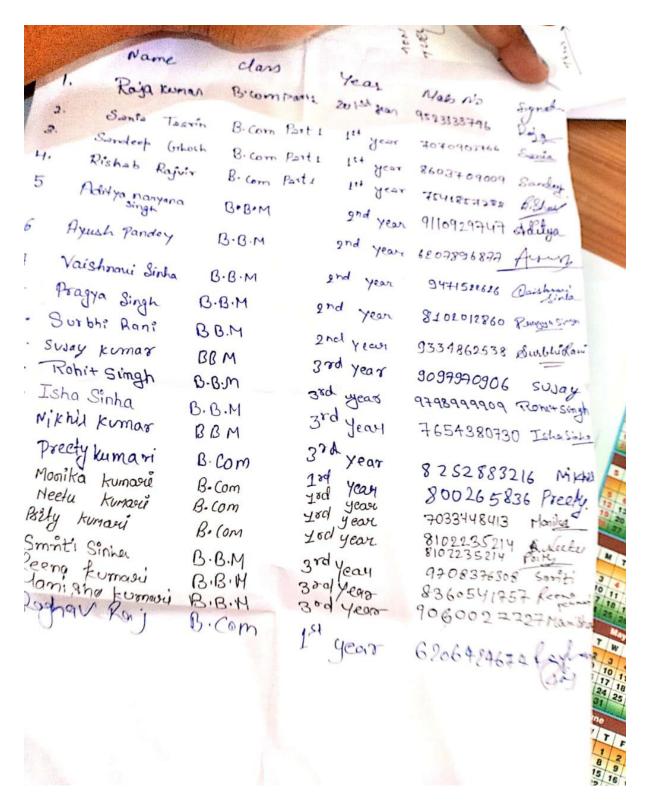
Venue: Seminar Hall

Participants: 50









5.ONE WEEK WORKSHOP ON "TALLY-THE BASICS OF NEO ACCOUNTING"-The students of the Dept. of Commerce took One week training on the topic -Tally through practical training in a

workshop organised by the Skill Development and Entrepreneurship cell .

DATE: 11,12 AND 13TH SEPTEMBER,2023

TIMING:12 P.M. ONWARDS

VENUE: BCA LAB





6.A session on the menstrual health among females and using contraceptives to prevent sexual diseases was discussed in the presence of some of the female leaders of Mahila Morcha.

Date:26TH September,2024

Venue: Sehat Kendra



- 7. A committee of faculty members were introduced to the counselling cell who were available personally and telephonically to address the issues of the students relating to stress and personal and campus lives. Their data was kept confidential.
- 8. Mentor Mentee Programme was started as an initiative of the counselling cell in March 2024 in all the departments where the students could address various issues on which they required guidance of the Faculty Members and the H.O.D. can ask any of the faculty members to counsel these students individually.

Students having issues can reach out to the counselling team telephonically or personally. Their contact details are as follows

S.No	Name of the Member	Designation	Contact Details
01	Mrs. Smita Vaidehi	Coordinator	9716739339
02	Dr. Umesh Kumar Singh	Member	7903385352
03	Dr. Ashish Kumar	Member	9934464646
04	Mr. Subodh Choudhary	Member	9262687125
05	Dr. Jaya Dixit	Member	9899349677
06	Dr. Avinash Ranjan	Member	8507989826
07	Dr. Mayurakshi Rani	Member	9065736136

Dr. Ranjan Kumar (Mob No:9085270214)is our expert Psychologist for advices regarding mental health, stress and anxiety related issues .