



RAM KRISHNA DWARIKA COLLEGE

Lohia Nagar, Patna -20

(A Constituent Unit of Patliputra University, Patna)

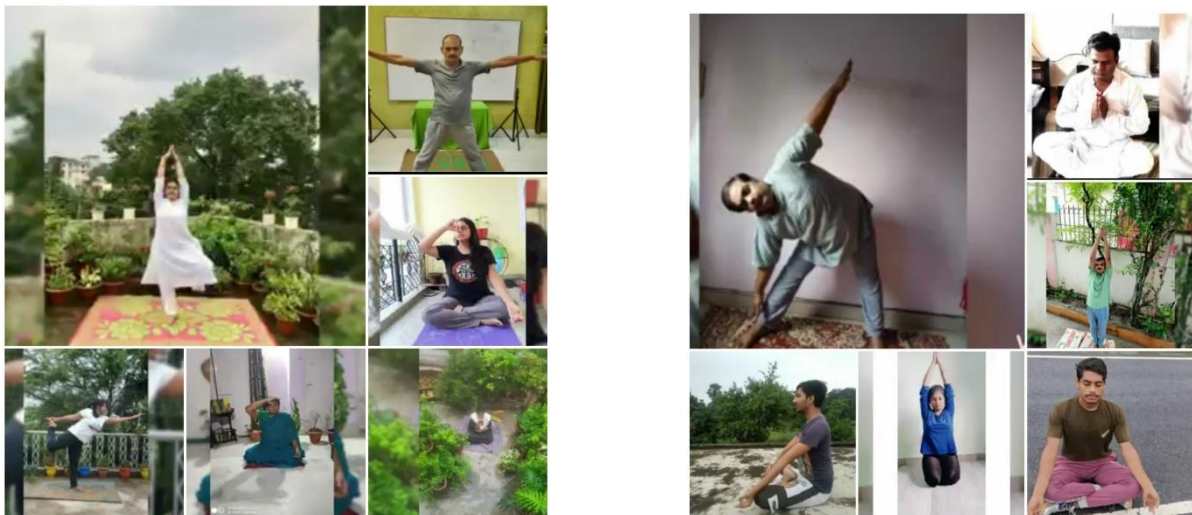
CULTURAL SOCIETY

Report on International Yoga Day

21.06.2021

Event Detail – Students and Teachers performed Yoga in online mode

Snapshots of Program :



Report :

World Yoga Day was celebrated by Ram Krishna Dwarika College, Patliputra University, Patna on 21st June 2021 in online mode under the aegis of Cultural Cell. In which 32 teachers and 148 students practiced yoga from 6:00 am to 7:00 am. Yoga is such an effective form of exercise, through which balance is created not only in body parts but also in mind, brain and soul. . This is the reason that apart from physical ailments, mental problems can also be overcome by yoga. The contribution of Principal Prof.(Dr.) Indrajit Prasad Roy in organizing the entire program was commendable.